High-protein spoonable yoghurt

### **Positioning**

A high protein, spoonable yoghurt is an indulgent treat for health-conscious consumers. Made with Nutrilac® ProteinBoost, it's perfect for breakfast or as a healthy snack or dessert.

A nutritious, naturally functional protein, Nutrilac® ProteinBoost has little impact on viscosity even at high doses. The yoghurt texture remains smooth, creamy and spoonable with no hint of syneresis right to the end of shelf life.

### Advantages of Nutrilac® ProteinBoost in high-protein spoonable yoghurt

- Heat and low pH resistant protein
- Optimal viscosity during process and in final product
- Spoonable texture

#### **Key benefits**

- High protein claim
- Ideal satiety
- Smooth and creamy mouthfeel



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Recipe

#### Recipe

Nutrilac® FO-7875	7.50 %
Nutrilac® YO-7700	4.00 %
Skimmed milk, 3.5 % protein	88.50%

## **Nutritive values (calculated)**

Energy per 100 g	309 k J/ 73 kcal
Protein	12.00 %
Carbohydrate	4.97 %
Fat	0.55 %
Total Solids	19.08 %

High in protein\*

12 % protein



<sup>\*</sup> In EU: https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32006R1924&from=EN

# High-protein spoonable yoghurt

# **Process**

